

cheat



What is Cheat?

Cheat is a component of the Core4 Weight Management System. Cheat is an all-natural fiber product, made from the Japanese Konnyaku root and is safe for weight loss & weight control.

What does Cheat do?

Cheat+ is 100% natural and works with water in order to regulate the absorption of macronutrients, including fats and carbohydrates. Simply sprinkle Cheat on your food prior to eating. Upon hitting your stomach, it expands, creating a viscous gel, literally trapping a portion of the consumed food. Cheat may help:

- Reduce calorie absorption
- Control hunger
- Regulate blood sugar & cholesterol

Cheat is the ideal supplement to curb your appetite and leave you feeling full longer.

Key Ingredients

KONNYAKU – A 100% natural fiber that works with water in order to regulate the absorption of macronutrients, including fats and carbohydrates.

Nutrition Facts	
Serving Size: 503 mg (Approximately 1/4 Teaspoon)	
Serving Per Container: 120	
Amount Per Serving	% Daily Value †
Calories 0	Calories from Fat 0
Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0g	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0.5g	2%
Sugars 0g	0%
Protein 0g	0%
Amount Per Serving	
Cheat Proprietary Blend	503 mg**
Konnyaku (root) powder, Cellulose.	

† Percent Daily Values are based on a 2,000 calorie per day diet. Your daily values may vary depending on your calorie needs.
** Daily Values not yet established.

GO ahead, Cheat and eat!



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