

# trimstix FAQ

**Q: How do you recommend using Trimstix?**

A: We recommend having one serving of Trimstix after lunch with 8-12oz of cold water.

**Q: Can I take Trimstix with my medication or condition or if I am diabetic?**

A: Please consult your physician.

**Q: What makes Trimstix different from other weight loss and blood sugar control products?**

A: Trimstix utilizes the patented, all natural proprietary blend of My Sugar Defense™, which has clinically shown to help control healthy blood sugar levels in healthy individuals and curb cravings for long term weight loss and weight management.

**Q: How much caffeine is in Trimstix?**

A: There is 50mg of caffeine per serving of Trimstix.

**Q: How long is Trimstix good for after being mixed with water?**

A: Trimstix should be consumed within 1 hour after mixing.

**Q: What part of Trimstix helps to curb sugar cravings?**

A: My Sugar Defense™, the clinically proven blend of all natural ingredients, helps to maintain healthy blood sugar levels in healthy individuals and curb sugar cravings.

**Q: What other products can I take Trimstix with?**

A: All Xyngular products go great with Trimstix! If you are looking for an ideal combination of products for long term weight loss, use Xyng, Lean Meal, and Trimstix.

**Q: How long can I take Trimstix before I should take a break?**

A: We recommend taking a 1-2 week break after continuously using Trimstix for 12-16 weeks.

**Q: How much of \_\_\_ (any nutrient) is in Trimstix?**

A: Please see the Trimstix Supplement Facts for further details. If you require more information, reach out to [products@xyngular.com](mailto:products@xyngular.com).

**Q: I am Diabetic. Will Trimstix help?**

A: Please consult your physician before taking Trimstix.

**Q: Where is Trimstix made?**

A: Trimstix is made in the United States in a Good Manufacturing Practice (GMP) compliant facility.

**Q: How much does Trimstix cost?**

A: The retail price of Trimstix is \$78.00 (USD) and the wholesale price is \$65.00 (USD).

**Q: What is the PV for Trimstix?**

A: The PV for Trimstix is 45.

