

lean meal FAQ

Q: How do you recommend using Lean Meal?

A: We recommend replacing one meal per day with one serving of Lean Meal for long term weight management and weight loss success.

Q: Is there any soy protein in Lean Meal?

A: No, there is no soy in Lean Meal.

Q: What makes Lean Meal different from other protein drink products?

A: With a full serving of protein, healthy fats, fiber, fruits, greens, adaptogens, and probiotics, Lean Meal provides power packed nutrition in a delicious meal replacement shake.

Q: I am lactose intolerant. Can I still use Lean Meal?

A: We recommend you do not use Lean Meal if you are lactose intolerant.

Q: How much water or almond milk should I drink Lean Meal with?

A: We recommend mixing Lean Meal with 12-16 fl. oz. of the drink of your choice.

Q: What kind of chocolate is in Lean Meal?

A: The chocolate flavor in Lean Meal comes from pure cocoa.

Q: How long can I wait to drink Lean Meal after mixing it?

A: To prevent spoiling and to preserve the nutritional value, we recommend consuming Lean Meal immediately after mixing.

Q: When should I take Lean Meal in conjunction with exercise?

A: It is best to take Lean Meal 30 minutes after your workout.

Q: How much of _____ (any nutrient) is in Lean Meal?

A: Please see the Lean Meal Nutrition Facts for further details. If you require more information, reach out to products@xyngular.com.

Q: What other products should or can Lean Meal be taken with?

A: All Xyngular products work great with Lean Meal! If you are looking for an ideal combination of products for long term weight loss, use Xyng, Lean Meal, and Trimstix.

Q: Where is Lean Meal made?

A: Lean Meal is made in the United States in a Good Manufacturing Practice (GMP) compliant facility.

Q: How much does Lean Meal cost?

A: The retail price of Lean Meal is \$90.00 (USD) and the wholesale price is \$75.00 (USD).

Q: What is the PV for Lean Meal?

A: The PV for Lean Meal is 52.

